

# ROOTS & WINGS

TRAINING AND CONSULTATION

Roots & Wings (R&W) was founded in Fall 2013 by Julie Novio, Karin Firoza, and Tabitha May-Tolub. They recognized the power that identity based leadership holds in creating positive change. Starting in their local community, Sharon, they led the first Teen Speak Out and supported the development of Youth LEAD (Leaders Engaging Across Difference). R&W was created as a means to aid additional communities to become increasingly caring, cohesive, and collaborative.

"There are two lasting bequests we can hope to give our children: One of these is roots, the other, wings."

~ Henry Ward Beecher ~

## OUR PHILOSOPHY

Based on the famous quote, Roots & Wings is a training and consulting company that believes there are two things that we all need in order to become amazing human beings: Roots (identity and confidence in knowing who we are and where we come from) and Wings (the skills necessary to navigate and create positive change in this global world).



## WHAT WE OFFER

We offer a variety of trainings that can be viewed on our website, [www.rootsandwingstraining.com](http://www.rootsandwingstraining.com), ranging from leadership development to community building to aiding in difficult communication. We also provide the option for our clients to build their own training by selecting skills they want to develop.

## Contact us!

 [www.rootsandwingstraining.com](http://www.rootsandwingstraining.com)

 [info@rootsandwingstraining.com](mailto:info@rootsandwingstraining.com)

 @RootsWingsTeam

 @rootswingsteam

 @rootswings

## OUR TRAININGS

R&W workshops encourage participants to take risks, find common ground, and create connection. Our trainings are individualized to the skills you want to build in your community. The workshops include a series of activities and discussions structured around skill development. You can expect to be talking, moving around, and engaging with trainers and other participants.

